



# Transition Timeline

Use this timeline to keep track of transition activities. Some of these activities may not apply to everyone. Start by placing a check in the box next to each item that needs to be done. Then write down who will be in charge of that task. Use the space for notes to jot down information or questions. You may want to refer to the *Guide to Adult Benefits, Services, and Resources* to learn more about the agencies, benefits, and programs listed below. Use the key below to help you follow the steps to transition by stages.

Key: △ Activities for Early Transition □ Activities for Middle Transition ○ Activities for Late Transition

## Health

| Action   | ✓ Do<br>X Done           | When to Begin                   | Person in Charge | Notes |
|--|--------------------------|---------------------------------|------------------|-------|
| △ Youth sees doctor independently for part of visit  | <input type="checkbox"/> | Early Transition<br>(Age 11 +)  |                  |       |
| △ Youth takes more responsibility for medications and treatments                               | <input type="checkbox"/> | Early Transition<br>(Age 12 +)  |                  |       |
| △ Youth develops an understanding of health condition(s)                                       | <input type="checkbox"/> | Early Transition<br>(Age 12 +)  |                  |       |
| <input type="checkbox"/> Youth keeps and updates care plan, emergency plan, or medical summary | <input type="checkbox"/> | Middle Transition<br>(Age 14 +) |                  |       |
| <input type="checkbox"/> Youth makes own appointments  | <input type="checkbox"/> | Middle Transition<br>(Age 16 +) |                  |       |
| ○ Youth manages insurance and payment for doctor visits  | <input type="checkbox"/> | Late Transition<br>(Age 17 +)   |                  |       |

## **Health (cont'd)**

| Action   | ✓ Do<br>✗ Done           | When to Begin                  | Person in Charge | Notes |
|--|--------------------------|--------------------------------|------------------|-------|
| ○ Learn about adult health insurance benefits (Medicaid/Benefits for Workers with Disabilities, Medicare, employer coverage, etc.)     | <input type="checkbox"/> | Late Transition<br>(Age 17 +)  |                  |       |
| ○ Apply for and buy adult health insurance (Medicaid/Health Benefits for Workers with Disabilities, Medicare, employer coverage, etc.) | <input type="checkbox"/> | Late Transition<br>(Age 18 +)  |                  |       |
| ○ Find adult health care providers and transfer records  | <input type="checkbox"/> | Late Transition<br>(Age 18-22) |                  |       |
| ○ Transition to adult health care providers  | <input type="checkbox"/> | Late Transition<br>(Age 18-22) |                  |       |

## **Special Needs Planning**

|   |                          |                                  |  |  |
|---|--------------------------|----------------------------------|--|--|
| △ For individuals with developmental disabilities, register for PUNS    | <input type="checkbox"/> | Early Transition<br>(Age 12 +)   |  |  |
| △ Create a special needs trust  | <input type="checkbox"/> | By Age 13                        |  |  |
| □ Determine whether guardianship will be needed and identify a guardian | <input type="checkbox"/> | Middle Transition<br>(Age 16-17) |  |  |
| □ Learn about eligibility for adult SSI and SSDI                        | <input type="checkbox"/> | At Age 17                        |  |  |
| ○ Apply for adult SSI and/or SSDI                                       | <input type="checkbox"/> | At Age 18                        |  |  |
| ○ Apply for guardianship or other alternatives                          | <input type="checkbox"/> | At Age 18                        |  |  |

# Education and Employment

| Action   | ✓ Do<br>✗ Done           | When to Begin                              | Person in Charge | Notes |
|--|--------------------------|--|------------------|-------|
| △ Youth finds interests through work and volunteer activities                    | <input type="checkbox"/> | Early Transition<br>(Age 12 +)             |                  |       |
| <input type="checkbox"/> Youth attends IEP meetings                              | <input type="checkbox"/> | Middle Transition<br>(Age 14 +)            |                  |       |
| <input type="checkbox"/> Youth applies for jobs                                  | <input type="checkbox"/> | Middle to Late Transition<br>(Age 16-22 +) |                  |       |
| <input type="checkbox"/> Learn about DRS services and vocational programs        | <input type="checkbox"/> | Middle Transition<br>(Age 16-17)           |                  |       |
| <input type="checkbox"/> Apply for DRS services and/or adult vocational programs | <input type="checkbox"/> | Middle to Late Transition<br>(Age 16-22)   |                  |       |
| ○ Apply for post-secondary education or training                                 | <input type="checkbox"/> | Late Transition<br>(Age 17-22)             |                  |       |



## ***Housing, Independent Living and Recreation***

| Action  | ✓ Do<br>✗ Done           | When to Begin                           | Person in Charge | Notes |
|---|--------------------------|---|------------------|-------|
| △ Learn about and register for recreation program(s)                                    | <input type="checkbox"/> | Early Transition<br>(Age 12 +)          |                  |       |
| <input type="checkbox"/> Learn about local transportation options, special users pass   | <input type="checkbox"/> | Middle Transition<br>(Age 16 +)         |                  |       |
| <input type="checkbox"/> Learn about Home and Community-Based Services Medicaid waivers | <input type="checkbox"/> | Middle Transition<br>(Age 16)           |                  |       |
| <input type="checkbox"/> Identify a Personal Care Assistant                             | <input type="checkbox"/> | Middle to Late Transition<br>(Age 16 +) |                  |       |
| ○ Learn about and visit potential living arrangements                                   | <input type="checkbox"/> | Late Transition<br>(Age 17-21)          |                  |       |
| ○ Apply to residential programs   | <input type="checkbox"/> | Late Transition<br>(Age 17-21)          |                  |       |
| ○ Find housing  | <input type="checkbox"/> | Late Transition<br>(Age 18-22)          |                  |       |
| ○ Register for Selective Service  | <input type="checkbox"/> | At Age 18                               |                  |       |

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For More Information Visit:  
<http://illinoisaap.org/projects/transition/>

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